



## Client Intake Form

Name \_\_\_\_\_ Today's Date \_\_\_\_\_  
Address \_\_\_\_\_ Date Of Birth \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_ Occupation \_\_\_\_\_  
E-mail \_\_\_\_\_ Join Mailing List? Yes or No  
Cell Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_  
Have you had acupuncture or massage before? When was your last session? \_\_\_\_\_

### Health Goals

What is your overall physical condition? \_\_\_\_\_ Excellent \_\_\_\_\_ Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor  
How often do you exercise? \_\_\_\_\_ Never \_\_\_\_\_ 1-2 x week \_\_\_\_\_ 3-4 x week \_\_\_\_\_ Other  
Are you in the process of making any lifestyle changes? \_\_\_\_\_

### Relevant Health Information

(Please check all that apply)

\_\_\_\_ Are you diabetic?                      \_\_\_\_ Are you pregnant?  
\_\_\_\_ Are you epileptic?                      \_\_\_\_ Do you have cancer/remission?  
\_\_\_\_ Are you wearing contact lenses?      \_\_\_\_ Do you have high blood pressure?  
\_\_\_\_ Do you have frequent headaches      \_\_\_\_ Have you had lymph nodes removed?

Have you had/have any serious medical conditions and are you under a doctor's care?

\_\_\_\_\_  
List any allergies \_\_\_\_\_  
List all medications you are taking and why \_\_\_\_\_

\_\_\_\_\_  
Have you had any injuries, accidents or surgeries in your lifetime? \_\_\_\_\_

\_\_\_\_\_  
Do you have tension, soreness, sensitivity, stabbing pains or numbness in specific areas?

\_\_\_\_\_  
I understand that **Earthly Branches Wellness** provides a supportive environment for addressing health concerns and is adjunctive to regular, ongoing health care. It is my responsibility to communicate any discomfort during a session, as well as updating my practitioner as to any changes in my medical condition or medications.

Client's Signature \_\_\_\_\_ Date \_\_\_\_\_